



# Packing List

Please label all items, make sure that your camper can transport the luggage or bag they are bringing to camp. It may be hot and dry or cool and rainy when you arrive to camp so be ready for changes in the weather. The following items are what we recommend that your camper brings for their 5-day camp stay.

## Health & Medication

- Medication will be checked into the Camp Office and needs to be in the original labeled container with your name and instructions.
- Health Form - Complete online or mail in 2 weeks prior to camp. A parent signature is required.

## Personal Items

- Towel(s) for shower and pool
- Toiletries (brush, comb, toothbrush, toothpaste, deodorant, soap, shampoo, lotions)
- Sunscreen (waterproof/water resistant)
- Insect repellent (lotion/non-aerosol)
- Sleepwear/Pajamas
- Underwear and socks
- Jeans or pants, shorts
- Short sleeve and long sleeve shirts

- Sweatshirts
- Rain poncho or water-resistant jacket
- Jacket
- Shower shoes (plastic flip flops)
- Closed toe shoes (to wear around camp)
- Hiking or rain boots (optional)
- Modest swimsuit
- Water bottle
- Flashlight with batteries
- Sleeping Bag or Sheets/Blanket and Pillow

## Optional Items

Money – Camp Store items \$1- \$30. | Sunglasses / Hat | Garbage bag for dirty clothes | Bible | Camera  
Swim Goggles | Water Shoes

## Do Not Bring

- Knives, guns, weapons, or fireworks
- Illegal drugs or alcohol
- Pets of any kind
- Food or candy
- Halter tops or revealing clothing
- Aerosol of any kind
- Valuables (i.e. Electronics)
- Perishable snacks

CAMP NEW JOURNEY IS NOT RESPONSIBLE FOR STOLEN OR LOST MONEY OR VALUABLES.