



Communicable Disease Plan

Updated: June 1, 2021

Covid-19 is a respiratory illness caused by a virus that can spread from person to person and currently the most effective form of protection is limiting spread. As a result, Camp New Journey will implement the following guidelines, adapted from recommendations given by the CDC and American Camp Association.

Screening

- Pre-Screening
- The following pre-screening procedures will be required for individuals attending camp for overnight programming:
 - Taking and recording their own temperature for 14 days before camp using the pre-screening form provided by the camp.
 - Self-screening for the presence of symptoms (fever of 100.4 or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) for 14 days before arriving at camp.
 - Determining if the individual has traveled nationally or internationally within 14 days before arriving at camp.
 - Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of a communicable disease within 14 days before arriving at camp.
- Any individual attending camp for day programming should monitor their health before arriving to camp. If an individual begins to feel sick before camp, they must seek medical attention before arriving to camp.

Initial Screening

- Additional screening procedures when arriving to camp include:
 - Checking each individual's temperature.
 - Asking questions about possible symptoms of Covid-19.
 - Asking questions about contact with other individuals who have been diagnosed with, tested for, or quarantined as a result of Covid-19.
 - Asking questions about each individual's traveling.

Ongoing Screening

- Trained staff will provide screenings during lunch each day including a temperature check and asking questions about possible symptoms for individuals in overnight programming.
- Any individual attending camp for day programming will self-monitor for symptoms. Any individual who becomes sick or develops symptoms of Covid-19 will be removed from camp immediately by their family and taken to receive medical attention. The confirmed diagnosis of the sickness should be reported to the camp staff.



Preventing Spread

- Hand Hygiene
 - Staff and campers will be taught to wash their hands using these steps:
 - Wet your hands with clean, running water.
 - Lather your hands by rubbing them together with the soap. Make sure to lather the back of your hands, between your fingers, and under your nails.
 - Scrub your hands for at least 20 seconds (about the time it takes to sing “Happy Birthday” twice).
 - Rinse your hands well under clean, running water.
 - Dry your hands using a clean paper towel.
 - Additional hand washing and hand sanitizer stations will be set up throughout camp for increased frequency of hand cleaning.
- Physical Distancing
 - Campers will be placed into groups, or family units, along with staff. These groups will not change throughout the week and will not mix with other family units. Groups will stay at least 6 feet apart from other groups.
 - When groups are not able to stay 6 feet apart or when a group is interacting with a staff member who is outside their family unit, masks will be worn by both staff and campers.
- Personal Protective Equipment (PPE)
 - Masks will be required for guides and campers when the family unit is inside and unable to physically distance from other family units or staff outside the family unit.
 - Masks will be required for staff who are inside and unable to physically distance from each other or when in contact with a family unit.
 - Each individual is responsible to bring their own mask unless otherwise informed by the camp.

Cleaning & Disinfection

- In response to the high risk of spread of Covid-19, camp will implement a plan of increased frequency of cleaning and disinfection.
- Cleaning and disinfection practices will differ for different areas and equipment. In general, cleaning and disinfection will happen multiple times throughout a day, and after one family unit leaves and before the next one arrives at an area.

Training

- Staff will be trained to recognize the signs and symptoms of Covid-19.
- Staff will provide campers with training on proper handwashing, proper wearing of PPE, social/physical distancing procedures, and other illness reducing strategies.

Communication

- Camp staff will be in contact with local health and government officials to determine quarantine guidelines, outbreak control measures, and the overall safety of running camp programming.
- Camp staff will communicate to campers and parents, informing them of any schedule changes, program changes, additional safety measures such as pre-screenings, and the Communicable Disease Plan.
- Camp staff will communicate with summer staff, informing them of additional safety measures, the Communicable Disease Plan and other educational resources, and potential changes to their role.